

Holy Family Track & Field Individual Event Grade Records

Updated May 2017 - Grade Records Begin in 2010

3rd Grade						
Event	Boys			Girls		
100 Meter Dash	Keller Moten	14.54	2016	Krista McDowell	16.74	2012
200 Meter Dash	Keller Moten	32.14	2016	Caterina Cavallaro	36.3	2017
400 Meter Dash	Keller Moten	72.94	2016	Abigail Knouff	82.44	2012
800 Meter Run	Brendan Cassiday	3:21.6	2017	Caterina Cavallaro	3:19	2017
1600 Meter Run	Henry Chmielowicz	7:04.20	2016	Caterina Cavallaro	7:02	2017
Shot Put	Keller Moten	29' 7.00"	2016	Christina Viers	20' 11"	2015
Long Jump	Alex Barry	11'1.00	2014	Caterina Cavallaro	9' 4.5"	2017
Standing Long Jump	Jack Houck	6'3.50	2012	Krista McDowell	6' 0.00	2012

4th Grade						
Event	Boys			Girls		
100 Meter Dash	Keller Moten	14.3	2017	Rachel McDowell	15.35	2010
200 Meter Dash	Keller Moten	30.7	2017	Brooke Iuston	32.0	2017
400 Meter Dash	Keller Moten	71.0	2017	Emily Wisniewski	74.5	2010
800 Meter Run	Logan Vowles	2:55.00	2015	Kendra Cassiday	3:07.90	2014
1600 Meter Run	Logan Vowles	6:13.80	2015	Deena Ingrassia	6:54.40	2016
Shot Put	Keller Moten	32' 11"	2017	Christina Viers	26' 10.5"	2016
Long Jump	Keller Moten	14' 3"	2017	Caterina Cavallaro	10' 4.75"	2018
Standing Long Jump	Jacob Helton	6' 8.00	2012	Isabella Adams	6' 6.00	2013

5th Grade						
Event	Boys			Girls		
100 Meter Dash	Colin Crandall	14.14	2016	Katherine McRaven	14.64	2012
200 Meter Dash	Colin Crandall	29.64	2016	Katelyn McDowell	31.24	2011
400 Meter Dash	Colin Crandall	67.34	2016	Emily Wisniewski	67.44	2011
800 Meter Run	Noah Novak	2:52.80	2016	Deena Ingrassia	2:54.5	2017
1600 Meter Run	Logan Vowles	5:46.60	2016	Deena Ingrassia	6:09.4	2017
200 Hurdles	Zach Kremer	36.09	2010			
Shot Put	Kevin Cavanaugh	26' 9.00	2010	Christina Viers	26' 9.5"	2017
Discus	James Kelly	48' 11.00	2010	Grace Durbin	47' 1.00	2010
High Jump	Matthew McDonnell	4' 6"	2017	Isabella Adams	3' 10.00	2014
Long Jump	Keller Moten	13' 1"	2018	Amelia Figler	12' 10.00	2013
Standing Long Jump	Alex Barry	6' 7.00	2016	Julia Csernyik	6' 8.00	2013

6th Grade						
Event	Boys			Girls		
100 Meter Dash	Matthew McDonnell	13.0	2018	Lauren Heller	13.5	2010
200 Meter Dash	Colin Crandall	27.6	2017	Lauren Heller	28.4	2010
400 Meter Dash	Colin Crandall	62.38	2017	Megan Hutson	65.94	2013
800 Meter Run	Logan Vowles	2:38.92	2017	Giovanna Cappabianca	2:48.46	2014
1600 Meter Run	Colin Crandall	5:24.21	2017	Giovanna Cappabianca	5:52.97	2014
200 Hurdles	Noah Novak	31.4	2017	Elisabeth Brosch	36.7	2018
Shot Put	Joseph DiSabato	31' 0.00	2012	Christina Viers	31' 5.25"	2018
Discus	Andrew "AJ" Kline	65' 11"	2017	Christina Viers	74' 3"	2018
High Jump	Matthew McDonnell	4' 10"	2018	Megan Hutson	4' 6.00	2013
Long Jump	Noah Novak	15' 3"	2017	Becca Weiss	12' 0.50	2010
Standing Long Jump	Derek Friend	7' 3.00	2012	Olivia Casalinova	7' 0.00"	2016

7th Grade

Event	Boys			Girls		
100 Meter Dash	Mikail Compton	12.34	2013	Payton Reimer	13.3	2016
200 Meter Dash	Colin Crandall	26.5	2018	Lauren Heller	28.94	2011
400 Meter Dash	Jack Houck	63.66	2016	Mary Figler	62.66	2012
800 Meter Run	Luke Novak	2:33.39	2016	Payton Reimer	2:42.90	2016
1600 Meter Run	Garrett Ansley	5:31.58	2014	Mackenzie Cassiday	5:56.75	2014
200 Hurdles	Alex Barry	28.4	2018	Tiffany Pryce	32.52	2010
Shot Put	Elliott Bailey	29' 0.50	2016	Leanora Wilson	24' 4.05	2013
Discus	Joseph DiSabato	91' 5.00	2013	Alyssa Kendrick	65' 0.50	2010
High Jump	Jack Houck	5' 0.00"	2012	Lauren Walker	4' 4.00	2012
Long Jump	Jacob Helton	15' 1.50	2015	Mary Figler	14' 8.00	2012
Standing Long Jump	Ryan Gabele	7' 3.50	2015	Lauren Walker	6' 10.00	2012

8th Grade

Event	Boys			Girls		
100 Meter Dash	Teddy Helton	12.14	2010	Mary Figler	13.79	2013
200 Meter Dash	Teddy Helton	25.42	2010	Megan Hutson	27.26	2015
400 Meter Dash	William Haas	59.24	2011	Megan Hutson	59.82	2015
800 Meter Run	Luke Novak	2:25.37	2017	Kendra Cassiday	2:31.76	2018
1600 Meter Run	Garrett Ansley	5:11.59	2015	Kendra Cassiday	5:46.52	2018
200 Hurdles	Nicholas Becker	30.1	2017	Tiffany Pryce	32.74	2011
Shot Put	Zach Koch	38' 10.00	2011	Sarah Viers	28' 7.00	2015
Discus	Christopher DiSabato	110' 5.00"	2016	Natalie Winters	86' 7.00	2010
High Jump	Jack Dowling	5' 3.00	2011	Becca Weiss	4' 6.00	2012
Long Jump	Teddy Helton	18' 3.00	2010	Mary Figler	15' 1.00	2013
Standing Long Jump	Domnic Bruner	8' 3.00	2013	Lauren Walker	7' 4.00	2013